



Newsletter

Friday 23rd January 2026

On Monday Classes 3 & 4 enjoyed a visit from Shrewsbury Museum's "Museum in a Box", to learn about old toys. They have then spent the rest of the week learning about how toys have changed over time.

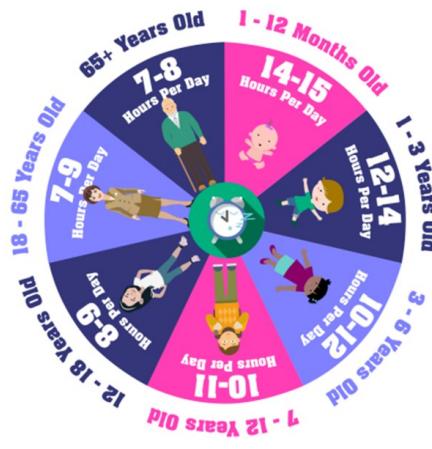
This week letters have been sent home to everyone in school about reading at home. Children should be reading at least three times a week at home to help them become fluent readers. If you have any questions about reading at home please talk to your child's teacher. Keep a look out for prizes coming soon for children who are reading at least three times a week at home.

How much sleep?

We have had lots of tired children in school and nursery this week. This chart comes from The Sleep Council as a guide to the amount of sleep based on age. It's important to note that the hours on the chart are a guide and it's essential to focus on sleep quality and establishing a good routine. Just like adults, some children need more sleep and some children need less sleep. Children and young people are more likely to delay sleep when playing a video game, watching TV, or chatting to their friends. They are more likely to have their brains stimulated by this content, which then makes it harder to sleep. This is because **just 10 minutes of blue light exposure interferes with the brain's production of the 'sleepy' hormone, melatonin**. The Sleep Council recommends turning off all screens **at least one hour before bedtime**.

Children sometimes turn on their devices and/or televisions during the night when parents may not be aware. To avoid this, we recommend keeping devices and televisions away from the bedroom to avoid this temptation for your child.

If you would like any more advice about sleep or bedtime routines please talk to Mrs Campbell or Mrs Butler.



Times Of The Day

School

8:40 doors open (close at 8:45)
3:10 end of the day

Nursery

8:40 - 8:50 morning doors open
11:35 - collect from the office

12:30 drop off at the office
3:20 - 3:30 collect from nursery

If your child is late, please bring them to the office and a member of staff will take them to class.

Please check your child's hair regularly for headlice.



On PE days in school, children must wear a plain white t-shirt, plain black or dark blue joggers / leggings, and a school jumper / cardigan.

Attendance

Whole School - 91.55%

Class 1 - 91.67%

Class 2 - 85.93%

Class 3 - 88.36%

Class 4 - 91.77%

Class 5 - 94.18%

Class 6 - 95.77%

**Lates** = 26**Lost Learning** =

3 hours & 37 minutes

Early Bird = Class 1

Golden Book

Year 2

Jensen

Kaiden

Year 1

Whole of class 3

Oscar & Scarlet

Reception

Ellie & Ororo

Mason & Noah

Nursery

Maya & Aluna-Rose

Readers of the Week

Year 2

Glory & Mohammad

Year 1

Amelia-Lea & Layon

Reception

Hasenat & Maverick

Breakfast Club

7:45 - 8:40 **£2 per day**

Please come to the main office door for Breakfast Club.

